

*Hematology/Oncology Pharmacy Association 2009*

# Significant Papers in Pediatric Oncology: Phase I Studies – Current Status and Future Directions

**Susannah E. Koontz, PharmD, BCOP**

Clinical Pharmacy & Education Consultant  
Pediatric Hematology/Oncology and  
Stem Cell Transplantation/Cellular Therapy  
Houston, Texas  
susannahrx@gmail.com



## Disclosure

- Susannah E. Koontz, PharmD, BCOP has received consulting fees from sanofi-aventis and fees for non-CE services from Enzon Pharmaceuticals, Genzyme Oncology, and sanofi-aventis. She is also an IRB member for Pediatric Central IRB (NIH/NCI)

## Learning Objectives

- Identify key Phase I pediatric oncology studies published in the medical literature within the past 16 months
- Cite historical challenges to conducting Phase I trials in pediatric patients with cancer
- Discuss the future evolution of Phase I trials in pediatric oncology patients

## Warm-Up Question

?

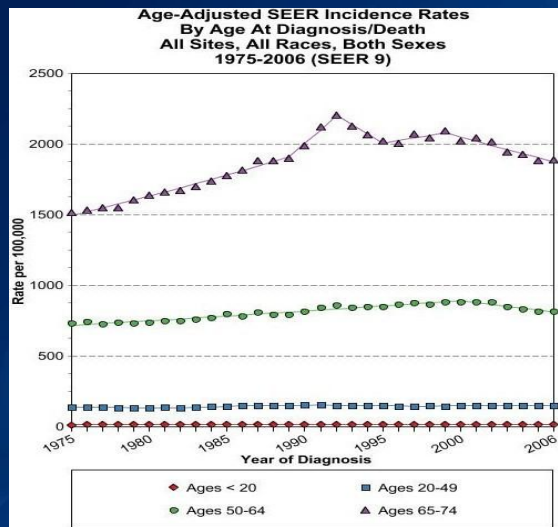
- Between January 2008 and April 2009, approximately how many Phase I studies conducted in pediatric patients (< 21 years old) were reported in the primary medical literature?
  - A.) < 15
  - B.) 15 – 30
  - C.) 30 – 45
  - D.) > 45

## Looking at Novel Therapeutics

- Two publications addressing the need for new therapeutics for pediatric cancers
  - “How Do We Identify Novel Treatment for Childhood Cancer?”
    - Commentary on a Phase II study by Peter J. Houghton
  - “Clinical Drug Development for Childhood Cancers”
    - News & Views by Frank M. Balis, et al

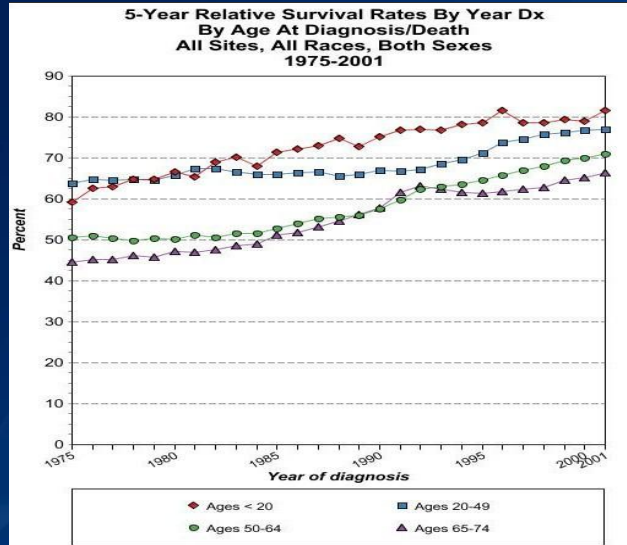
Houghton PJ. *Pediatr Blood Cancer*. 2009;52:310-1.  
 Balis FM, et al. *Clin Pharmacol Ther*. 2009;85:127-9.

## Cancer Incidence Rates in the US



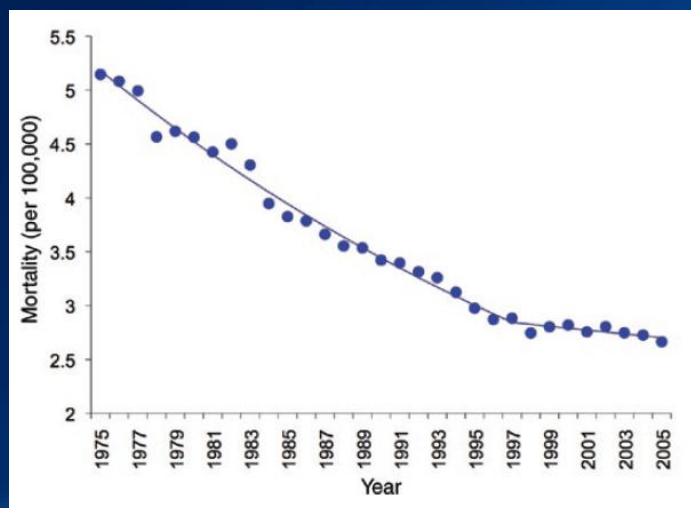
National Cancer Institute. *SEER Cancer Statistics Review, 1975-2006*. Available at: <http://seer.cancer.gov>.

## Cancer Survival Rates in the US



National Cancer Institute. *SEER Cancer Statistics Review, 1975-2006*. Available at: <http://seer.cancer.gov>.

## Childhood Cancer Mortality Rate



Balis FM, et al. *Clin Pharmacol Ther.* 2009;85:127-129.

National Cancer Institute. *SEER Cancer Statistics Review, 1975-2006*. Available at: <http://seer.cancer.gov>.

## Where Is the Greatest Need?

- Cancer type
  - Hematological malignancies
  - Solid tumors
- Cancer stage
  - Local relapse
  - Metastatic disease
- Age
  - Infants
  - Adolescents and Young Adults (AYA)

Balis FM, et al. *Clin Pharmacol Ther.* 2009;85:127-9.

## Pediatric Phase I Studies

- PubMed review performed
  - Published in January 2008 – April 2009
  - “Phase I Study” and “Phase I Trial”
  - “Cancer”
  - “All Children (0-18 years)”
  - English language

## Pediatric Phase I Studies

- Literature review results
  - 53 citations
    - 27 citations involving pharmacological treatment modalities
      - 24 studies enrolling patients  $\leq$  18 years of age
- Adult comparative information (“19+ years”)
  - 282 citations returned
    - Approximately 185 citations involving pharmacological treatment modalities

## Pediatric Phase I Studies

Tumor Type	Studies* (N=24)
Solid tumors (all types)	22
Central nervous system	6
Neuroblastoma	3
Melanoma	1
Retinoblastoma	1
Leukemia and/or lymphoma	2
Other (neoplastic meningitis)	1

\* Numbers do not sum to 24 as some studies have overlap with respect to entry criteria and characteristics. See Appendix I for additional details of studies.

## Pediatric Phase I Studies

Study Characteristic	Studies* (N=24)
Adult vs pediatric focus	5 vs. 19
Newly diagnosed vs. relapsed/refractory disease	6 vs. 19
Enrollment of infants (age $\leq$ 1 year)	8
Enrollment of toddlers/older children (> 1 -- < 12 yrs)	21
Enrollment of adolescent/young adults ( $\geq$ 12 years)	23
Reporting of pharmacokinetic data	14

\* Numbers do not sum to 24 as some studies have overlap with respect to entry criteria and characteristics.  
See Appendix I for additional details of studies.

## Pediatric Phase I Studies

Therapeutic Modality	Studies (N=24)
1. "Traditional" cytotoxic chemotherapeutics	11
2. Molecularly targeted therapies	5
3. Combination therapy (1 + 2)	4
4. Other therapies (vaccines, cellular therapies, etc.)	4

See Appendix I for additional details of studies.

## Historical Challenges

- Cancer is a rare disease in children
- Eligibility criteria can be difficult to meet
- Obtaining informed consent and assent
- Adult subject constraints
  - Maximum tolerated dose from adult Phase I studies
  - Pharmacokinetic measurements and differences
  - Toxicity profiles
  - Long-term data

Balis FM, et al. *Clin Pharmacol Ther.* 2009;85:127-9; Berg SL. *Oncologist.* 2007;13:36-43;  
Kim A, et al. *Oncologist.* 2008;13:679-89; Lee DP, et al. *J Clin Oncol.* 2005;23:8431-41;  
Devine S, et al. *Pediatr Clin North Am.* 2008;55:187-209; Kodish E. *J Pediatr.* 2003;142:89-90;  
Abdel-Rahman SA, et al. *Clin Pharmacol Ther.* 2007;81:484-94.

## Historical Challenges

- Time
  - Delay in starting trials and finishing them
- Money
  - Pharmaceutical company interest
  - Direct vs indirect costs

Balis FM, et al. *Clin Pharmacol Ther.* 2009;85:127-9; Berg SL. *Oncologist.* 2007;13:36-43;  
Kim A, et al. *Oncologist.* 2008;13:679-89; Lee DP, et al. *J Clin Oncol.* 2005;23:8431-41;  
Devine S, et al. *Pediatr Clin North Am.* 2008;55:187-209; Kodish E. *J Pediatr.* 2003;142:89-90;  
Abdel-Rahman SA, et al. *Clin Pharmacol Ther.* 2007;81:484-94.



## Where Do We Go From Here?

- New trial design – the rolling six design
  - Replaces traditional 3 + 3 design
  - Allows for 2-6 patients to be enrolled concurrently at a particular dose level
    - Dose level is based on current enrollment
  - Simulated studies using discrete event simulation

Barrett JS, et al. *Clin Pharmacol Ther.* 2008;84:729-33.  
Barrett JS, et al. *Comput Methods Programs Biomed.* 2008;90:240-50.  
Skolnik JM, et al. *J Clin Oncol.* 2008;26:190-5.  
Hartford C, et al. *J Clin Oncol.* 2008;26:170-1.

## Where Do We Go From Here?

- Rolling six design advantages
  - Duration of study time is shortened
  - Decrease in study accrual suspensions
  - Decrease in eligible patients not being able to enroll on trial
  - Increase in number of participants?
  - No increase in the number or severity of toxicities?

Barrett JS, et al. *Clin Pharmacol Ther.* 2008;84:729-33.  
Barrett JS, et al. *Comput Methods Programs Biomed.* 2008;90:240-50.  
Skolnik JM, et al. *J Clin Oncol.* 2008;26:190-5.  
Hartford C, et al. *J Clin Oncol.* 2008;26:170-1.

## Where Do We Go From Here?

- Rolling six design disadvantages
  - Prospective study lacking
  - More pediatric patients may experience a dose-limiting toxicity if not previously seen in adult Phase I studies

Barrett JS, et al. *Clin Pharmacol Ther.* 2008;84:729-33.  
Barrett JS, et al. *Comput Methods Programs Biomed.* 2008;90:240-50.  
Skolnik JM, et al. *J Clin Oncol.* 2008;26:190-5.  
Hartford C, et al. *J Clin Oncol.* 2008;26:170-1.

## Where Do We Go From Here?

- Shift in therapies from cytotoxic chemo to molecularly targeted agents
  - Do pediatric malignancies have the same molecular markers and pathways?
  - What are the endpoints for study?
  - Most small molecules are “flat dosed” in adults
    - One size does not fit all in pediatrics
  - Formulation availability

Balis FM, et al. *Clin Pharmacol Ther.* 2009;85:127-9.  
Abdel-Rahman SA, et al. *Clin Pharmacol Ther.* 2007;81:484-94.

## Where Do We Go From Here?

- Disclosure of information
  - Increasingly, people want access to information
    - Both parents and adolescents value the offer of returning results whether positive or negative
    - Both parents and adolescents feel strongly they have a right to results of research delivered in a timely manner
    - Information is useful for future considerations and decisions about treatment and follow-up

Fernandez CV, et al. *J Clin Oncol*. 2009;27:878-83; Fernandez CV, et al. *Cancer*. 2003;97:2904-9;  
Partridge AH, et al. *J Clin Oncol*. 2009;27:838-9; Fernandez CV, et al. *J Pediatr Hematol Oncol*. 2003;25:704-8;  
Fernandez CV, et al. *Pediatr Blood Cancer*. 2007;48:441-6.

## Summary

- The number of Phase I studies performed in pediatric cancer patients continues to increase
- As new molecular entities become available, the design and conduct of pediatric oncology Phase I trials will evolve
- Disclosure of information relating to pediatric oncology studies is expected to increase

## This Year's Other Notable Papers

- **Long-Term Results for Children with High-Risk Neuroblastoma Treated on a Randomized Trial of Myeloablative Therapy Followed by 13-cis-Retinoic Acid: A Children's Oncology Group Study**
  - Matthay KK, et al. *J Clin Oncol*. 2009;27:1007-13.
  - Update of 1999 *New England Journal of Medicine* study with long-term outcome information showing 13-cis-retinoic acid improves survival in high risk neuroblastoma patients following consolidation therapy
  
- **What Determines the Outcomes for Adolescents and Young Adults with Acute Lymphoblastic Leukemia Treated on Cooperative Group Protocols? A Comparison of Children's Cancer Group and Cancer and Leukemia Group B Studies**
  - Stock W, et al. *Blood*. 2008;112:1646-54.
  - Comparisons of outcomes between patients (16-20 years) with ALL demonstrating more favorable outcomes for patients treated according to CCG studies over CALGB studies

## This Year's Other Notable Papers

- **Renal Late Effects in Patients Treated for Cancer in Childhood: A Report from the Children's Oncology Group**
  - Jones DP, et al. *Pediatr Blood Cancer*. 2008;51:724-31.
  - Literature-based review of renal toxicities and corresponding therapeutic interventions in children treated for cancer
  
- **Hematopoietic Stem Cell Transplantation for Bone Marrow Failure Syndromes in Children**
  - Myers KC, et al. *Biol Blood Marrow Transplant*. 2009;15:279-92.
  - Review discussing the evolution of and current role of transplantation for management of children with bone marrow failure syndromes with and emphasis on aplastic anemia and Fanconi anemia

## Self-Assessment Questions

1. Typically, the starting dose for agents studied in pediatric Phase I studies is what percentage of the corresponding adult maximum tolerated dose?
  - a. 50%
  - b. 80%
  - c. 90%
  - d. 110%
  
2. The US mortality rate for pediatric cancer patients is best described by which of the following statements?
  - a. Deaths from childhood cancer continue to decrease today although the rate of decline has leveled off since the late 1990's
  - b. Deaths from childhood cancer continue to decrease today and the rate of decline has increased since the late 1990's
  - c. Deaths from childhood cancer have remained the same for the past three decades
  - d. With increases in survival rates, cancer now represents the fourth leading cause of all deaths in children

Answers: 1.) B; 2.) A; 3.) B; 4.) C

## Self-Assessment Questions

3. The need for Phase I studies in pediatric patients remains strong, particularly in patients with certain malignancies. Which of the following patients is most likely to be enrolled on a Phase I study?
  - a. A 2-year old girl with newly diagnosed standard risk acute lymphoblastic leukemia
  - b. A 3-year old boy with neuroblastoma who has recurrent disease three months following the combination of high-dose chemotherapy with autologous stem cell rescue and isotretinoin
  - c. A 7-year old girl with newly diagnosed juvenile pilocytic astrocytoma and undergoes gross total resection of tumor
  - d. A 14-year old boy with newly diagnosed osteosarcoma of the left distal femur with evidence of a single pulmonary lesion
  
4. When compared to the traditional 3 + 3 design, the rolling six design for pediatric Phase I studies has all of the following potential advantages EXCEPT:
  - a. Shorter time to completion
  - b. Fewer study accrual suspensions
  - c. Fewer eligibility criteria necessary for study enrollment
  - d. Increase in the number of study participants

Answers: 1.) B; 2.) A; 3.) B; 4.) C